

# Parenting Therapeutic Services

## For clients returning to face to face therapy

Assessments with parents/carers will continue to be done over Zoom before face to face sessions with clients commence.

### Please follow these guidelines when coming for face to face sessions

- Please **do not attend** if you answer YES to the following questions - if you do, please let us know beforehand so we can re-arrange the session:
  - Do you have a continuous cough or high temperature?
  - Have you lost your sense of taste or smell, or feel generally unwell?
  - Do you share a home with anyone who is self-isolating?
  - Have you knowingly come into contact with anyone who is now confirmed or suspected to be positive for Covid-19?
- As you arrive for your appointment, we will ask you the same set of questions before you enter the building to see if it's safe for you to do so. If you answer YES to any, we will immediately contact your parent/carer to let them know and to re-arrange the appointment as we can't let you in the building.
- Please do not arrive early for your appointment. As we have a limited waiting facilities, arrive as close to your appointment time as possible.
- If at all possible, you will need to be on your own as we have limited waiting facilities. The therapist will meet you at the main door and go with you to the therapy room.
- Please wear a mask in communal areas and when walking to the therapy room. It can be taken off once seated in the therapy room.
- Sanitise your hands on entry to the building and again in the therapy room if advised, using the hand gel provided.
- Please try to visit the toilet before sessions as access to toilets are limited.
- If in close contact, the therapist may choose to wear PPE.
- Any items that are used in the session will be quarantined for your sole use or for a period of time afterwards.
- If you later test positive for Covid 19, please let us know straight away so we can track and trace effectively. If your therapist tests positive after your visit, we will contact your parent/carer to let them know.