

More Services

For Schools and Colleges

School support is so important when working with young people, and often school will be the first place to notice support needs.

We can work with you to help young people to make better life choices and avoid becoming involved with crime.

We also offer parenting classes, 1-1 and group counselling sessions that we can deliver in your school.

If you are a school or another professional body who thinks that a family would benefit from some additional support, you can make the referral too! We work with all age ranges up to 18.

We already work alongside many schools within the area that are open and supportive of the children and families who we work with.



What others have said

“ *Parenting 2000 really helped me and my son have a better relationship.* ”

“ *Parenting 2000 helped me to get in touch with people who helped me build my skills.* ”

“ *I received counselling with Parenting 2000 and now I feel so much better. I'm a better mum and understand myself.* ”

Parenting 2000



Family support

Therapeutic
Counselling

Youth Services

Parenting 2000

Southport Centre
The Lodge,
Mornington Road,
Southport, PR9 0TS
T: 01704 380047

Crosby Centre
58 Coronation Road,
Crosby, Liverpool,
L23 5RQ
T: 0151 920 7137 - 0151 932 1163

W: www.parenting2000.org.uk E: info@parenting2000.org.uk

Find us on Social Media

 Parenting 2000, Alchemy Youth & Tyred Rides on Facebook
[@Parenting2000](https://www.facebook.com/Parenting2000) [@AlchemyYouth](https://www.facebook.com/AlchemyYouth) [@TyredRides](https://www.facebook.com/TyredRides)

 Alchemy Youth are also on Twitter...
[@AlchemyYouth](https://twitter.com/AlchemyYouth)

 ...and Instagram
[AlchemyYouth](https://www.instagram.com/AlchemyYouth)

Parenting 2000 is a registered charity (no. 1042989) & company limited by guarantee (no. 2997217). Registered office:
The Lodge, Mornington Road, Southport, PR9 0TS. T: 01704 380047

Telephone: 01704 380047 or 0151 920 7137
Email: info@parenting2000.org.uk
Website: www.parenting2000.org.uk
Facebook: www.facebook.com/Parenting2000

What we do

We are a charity who provides services that help children, young people and families face the challenges of everyday life.

Asking for help isn't always the easiest thing to do, but it can be the best!

If you wish to speak to a member of the team, please contact us office during these hours (phone numbers on the back page):

Monday - Thursday **9am - 5pm**
Friday **9am - 4pm**

You can also come and pop into one of our buildings at Southport or Crosby to see us in person.

Therapeutic Counselling Services

Our therapists are registered with the UK Council for Psychotherapy and The British Association for Counselling and Psychotherapy, and offer a range of support to individuals, children and families:

- Therapeutic family support
- Emotional issues
- Feelings of insecurity
- Anxiety and Stress
- Bullying and Harassment
- Substance misuse
- Bereavement
- Anger management/ behaviour

Referrals to our counselling service can be made online:

www.parenting2000.org.uk/referrals

Alchemy Youth Club in Southport & Crosby

We have loads of planned activities every week that you can take part in with your friends, from football and netball, to table tennis and arts & crafts - we'll have something for you to do!

We also have our Chill Zone where you can come along and grab some FREE PIZZA!

Crosby:
Monday & Thursday **6pm - 9pm**

Southport:
Tuesday & Wednesday **5.30pm - 8.30pm**

Our youth team are fantastic and loads of fun! Come along and join us, just drop in... we even have free WIFI



Family Support Services

Families can get a bit of extra support from an experienced member of our team who could help you through any difficulties that you and your family may be experiencing.

This can be simply building better relationships, helping get your child or teenager get back on track in school, or even helping you or your teenager into work.

Last year, our Early Help team supported families to get back on track and get to where they wanted to be!

We work with many families across the Sefton area who are struggling.

Our staff are approachable and comforting and we can arrange to meet within the comfort of your own home, you don't even need to leave the sofa!

Our early help co-ordinators are experienced in working with families who have complicated backgrounds. We aim to work together with families to create life long support networks that they can build independently. So whatever you might need a bit of help with, don't worry - we can help!

So if you have a troublesome toddler, a difficult teenager you may be worried about or just need someone to support you to get through a difficult patch, give us a call to see how we might be able to help.